Harissa-Rubbed Lamb Chops

Serves 4-6

These are good served alone, but would also be nice with the cumin yogurt sauce from the Grilled Lamb Chops Scottadita recipe (see sfgate.com/food). Harissa is available in the Middle East foods section of many supermarkets.

- 1/4 cup harissa
- 1/2 cup olive oil
 - 3 large cloves garlic, minced
 - 1 teaspoon cumin
- ¼ teaspoon cinnamon
- 1 teaspoon kosher salt
 - 1 teaspoon freshly ground black pepper
- 16 single-rib lamb chops

Instructions: Whisk together the harissa, olive oil, garlic and spices until well combined. Rub evenly over both sides of each lamb chop, and place on a baking sheet. Let marinate at room temperature for 30-60 minutes, or keep in fridge for up to 4 hours.

Preheat a grill to high heat. Remove chops from the marinade and wipe off excess, while still leaving a little bit on the chops. Grill for 2-3 minutes on each side.

The calories and nutrients absorbed from marinades are difficult to estimate. Variables include the type of food, marinating time and surface area. Therefore, this recipe contains no analysis.